PARISH OF ST COLMAN, COSHAM WITH ST PAUL, PAULSGROVE

The Catholic Diocese of Portsmouth

Bringing people closer to Jesus Christ through His Church



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Priest in charge: Fr Andrew Wagstaff Parish Administrator: Mrs Zia Collins

Parish Office: The Presbytery, St Colman's Avenue, Cosham PO6 2JJ

Sunday 4 August 2024 : Eighteenth Sunday of the Year

Our Gospel readings during August are all taken from chapter 6 of the Gospel according to John, a chapter which begins with last Sunday's account of the feeding of the 5,000 and continues with what is known as the Eucharistic Discourse. This Scripture is a rich source of Eucharistic theology for the Church. In today's Gospel reading, Jesus says: "The Bread of God is that which comes down from heaven and gives life to the World." He goes on to show that he is referring to himself: "I am the Bread of Life". Jesus the Bread of Life came down from heaven when he was made incarnate by the Holy Spirit in the womb of the Virgin Mary. Our faith is that he comes down from heaven among us at every Mass, when the bread and wine we offer are changed into the Body and Blood of Christ. But it is not as if Jesus leaves heaven and travels to the altar: rather, the change occurs at the deepest level of reality. The whole substance of the bread is changed into the Body of Christ by the Word of God, whose action is not limited to changing things in form only, but extends to the whole nature of being.

Times of Mass this week				Mass Intentions
Saturday 3 August	6pm	St Colman	18th Sunday	Hilary Sendall RIP
Sunday 4 August Holy Hour 5 – 6pm St Colman	9:30am	St Colman	18th Sunday	Elizabeth Vera Langston RIP
	11:30am	St Paul	18th Sunday	Pro Populo
Monday 5 August Adoration 9am – 5pm	12:30pm	Hospital Chapel	Our Lady of the Snows	Vocations (QA Hospital Mass)
Tuesday 6 August	9am	St Colman	Transfiguration	Mary Patrick, Michael and PJ Mulherin
Wednesday 7 August	10:30am	St Paul	St Sixtus II	Win & Tom Cummings
No Mass on Thursday				
Friday 9 August St Paul's church open 2-3pm	6:30pm	St Colman	St Edith Stein	Mary Ann White
Saturday 10 August	6pm	St Colman	19th Sunday	Mark Litrizza RIP
Sunday 11 August	9:30am	St Colman	19th Sunday	John Joseph Cummings
Holy Hour 5 – 6pm St Colman	11:30am	St Paul	19th Sunday	Pro Populo

Enquiries, appointments and hall bookings:

Parish Office opening hours: 9:30am – 1:30pm Monday – Thursday 02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

Parish Safequarding Ministers:

Jenny Verheist (St Colman): safeguarding.porsc.sc@portsmouthdiocese.org.uk Nathaly Speight (St Paul): safeguarding.porsc.sp@portsmouthdiocese.org.uk

Thank you for your donations!

You can donate directly into the parish bank account: CDP P'mouth St Colman: account number 00884554; sort code 30 93 04; reference "offertory donation".

Gift aid: UK taxpayers can give and extra 28p per £1 at no extra cost to you; please direct gift aid enquiries to Jeff Price via the parish office: scsp@portsmouthdiocese.org.uk

Opportunity for pro-life witness

The annual March for Life UK will take place in London on Saturday 7 September 2024. Morning events, including a pro-life health summit, will take place from 10am to 1pm in the Emmanuel Centre SW1P 3DW. There will be a concelebrated Mass at Southwark Cathedral at 11am. The march itself will begin outside the Emmanuel Centre at 1:30pm, and end at Parliament Square at 4:30pm. Please see the posters, or visit marchforlife.co.uk.

Parish Summer Fair

Thanks again for your support for our Summer Fair: after taking into account expenses, we raised £1494 for our parish! This will help to pay for some of the maintenance work recommended by last year's Quinquennial inspection report. We also had a good time together, and a great opportunity for fellowship as a parish and outreach to our local community!

New Lectionary

From Advent Sunday this year we will be using a new Lectionary: the Bishops have decided to replace the current Jerusalem Version with the English Standard Version. It means we need to buy a new set of Lectionary books for our parish, to replace the rather battered set we have been using. Would you like to sponsor a book, perhaps in memory of a loved one? A donation of £250 would sponsor one volume of the new Lectionary.

Holy Day of Obligation

Next Thursday 15 August is the Solemnity of the Assumption of the Blessed Virgin Mary into Heaven, and a Holy Day of Obligation, when all Catholics come to Mass. Holy Mass will be offered at 9am and at 6:30pm on Thursday 15 August.

Sacrament of Reconciliation:

Saturday 5:30pm at St Colman's Church.

Of your charity, please pray:

- For friends and neighbours who are ill or housebound: Kana Blyth, Joe Charlton, Elizabeth Christian, Christine, Anne & Michael Colley, Tommy Cooper, John Cox, Pauline Crook, Moira Cunningham, Peter Galvin, Jean Gartshore, Bob Guy, Janet, Dawn Marie, Sajimon Mathew, Paula Medd, Phoenix, Valerie O'Donnell, Maureen Smeeth, Beryl Walters, Pauline Webb, Verena.
- For patients in the Queen Alexandra Hospital and for residents in the care homes and nursing homes in our parish: Kinross, The Haven, Hamilton House, and East Cosham.
- For St Paul's Primary School: the staff, governors, children, parents and families.
- For the souls of the faithful departed: may they rest in peace.